

Rainbow Program

SRVUSD

2022-2023

Celebrating 36 years of  
Success for Students

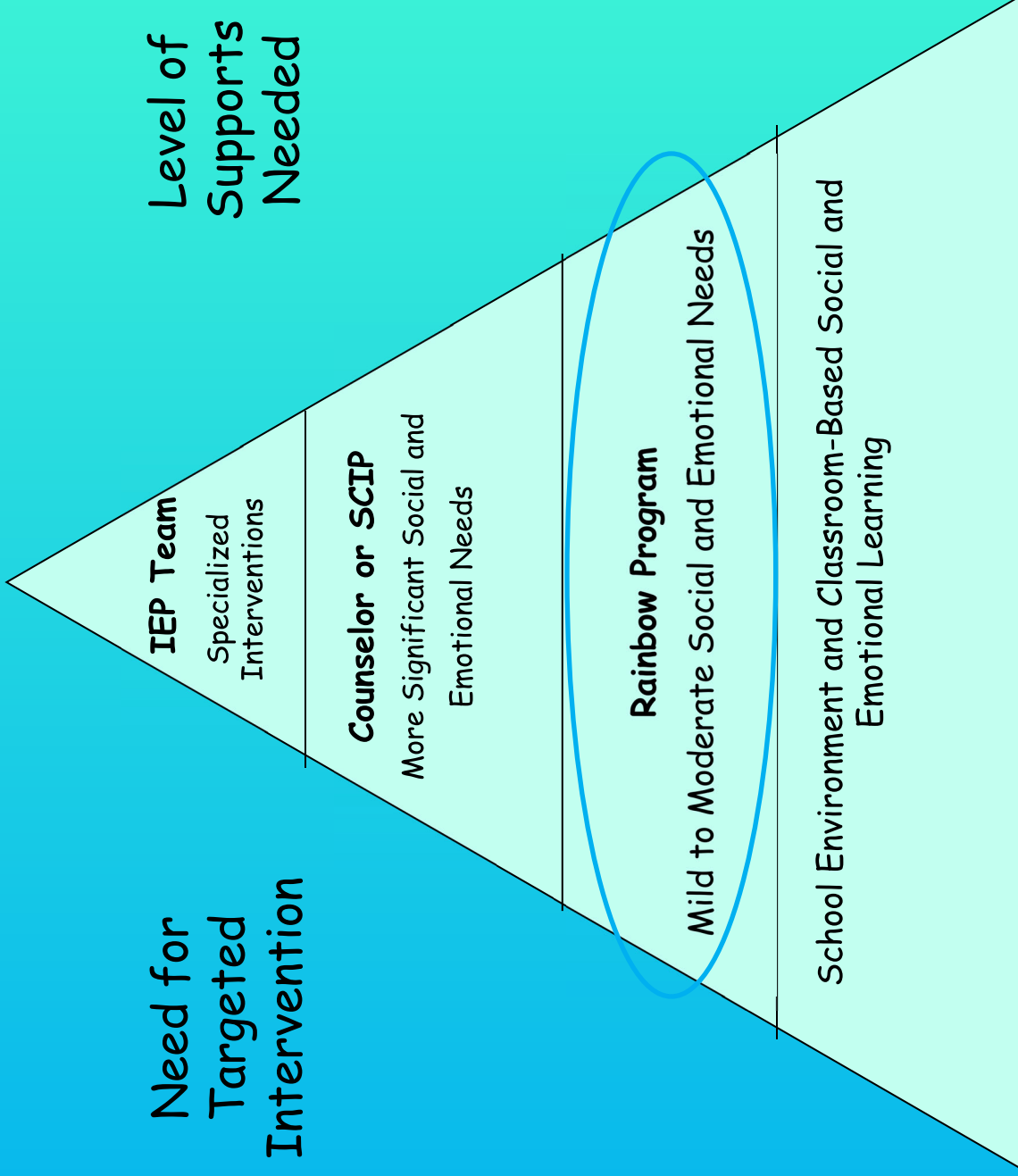
# What Students Do We Serve?

High



Low

Level of Supports Needed



High



Low

Need for Targeted Intervention

# What Services are Provided?

- Research Based Programs designed for students having school adjustment issues, stress, excessive shyness, playground or friendship issues or are dealing with life transitions such as a recent divorce, death in the family, a new sibling, a move, etc.
- Parent meetings with the Rainbow Paraprofessional and Program Coordinator when required
- Building a community through books and classroom/playground interventions

## PIP Program (Primary Intervention Program)

- 1 to 1 sessions for grades TK-5 with trained Rainbow Paraprofessional
- 30 minutes/week in Rainbow Room with non-directive play for 12 weeks
- Over 36 years of research in SRVUSD and previously statewide, proving its effectiveness

## Second Step

- Social skills groups of 2 to 4 students that meet weekly for 12 weeks
- 45 minutes per week in Rainbow Room with structured social skills lesson then supervised free-choice play time to practice the new skills
- Units on Empathy, Problem Solving, Emotion Management, and Skills for Learning

# Friendship & Leadership Groups:

## Pals & Steps to Respect

- Small friendship groups of 2 to 4 students that meet weekly for 10 - 12 weeks (Pals) or 16 weeks (STR)
- 45 minutes per week in Rainbow Room with literature-based lessons on friendship, assertiveness, anti-bullying, and diversity followed by free-choice play time to practice their new skills

## Get Ready for Middle School

- Literature-based program for 2 to 4 students (or whole class) presented to 2nd semester 5<sup>th</sup> graders for 8 weeks
- 30 minute sessions where skills for coping with the challenges of middle school are read and discussed
- Q & A session and activity follows discussion

# Rainbow Program Benefits

Principals, teachers, and parents report the following improvements:

- Reduced bullying and teasing
- Students become more confident with increased self-esteem
- Students become more assertive and are happier coming to school
- Enhances a more positive overall school climate



# Rainbow Program History

- 1986 - Rainbow program began in SRVUSD at Bollinger Canyon with PIP funded by Early Mental Health Initiative
- 2001 - Second Step groups piloted at Twin Creeks
- 2009 - Steps to Respect groups, playground interventions and building a community through books added to Rainbow Program
- 2014 - Pals Friendship groups added at all schools
- 2020 - Get Ready for Middle School program implemented
- 2021/2022 - Over 2,000 students in SRVUSD participated in the Rainbow Program and through the “ripple effect” all students benefit